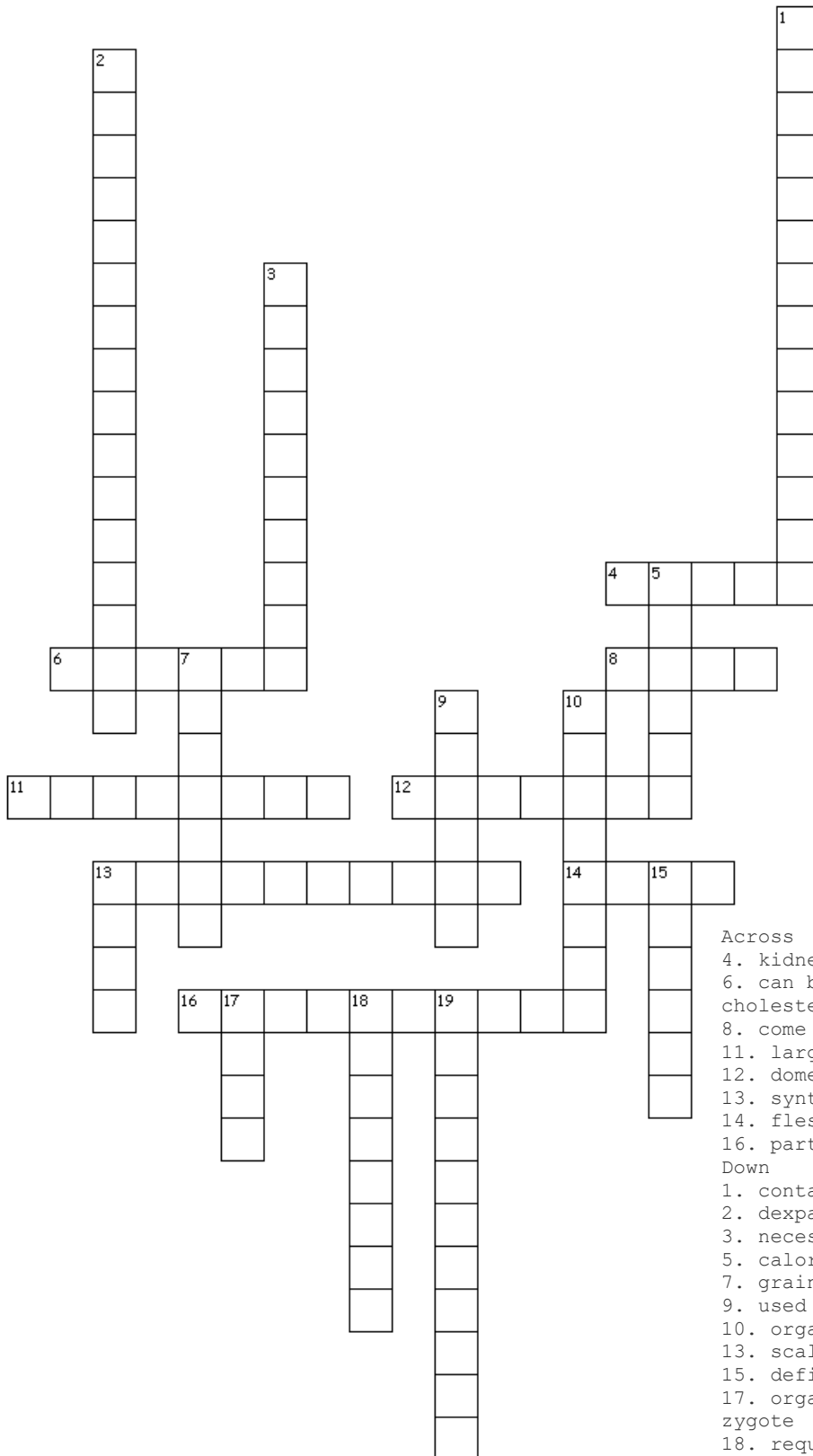


# B Vitamins



Across

- 4. kidney-shaped
- 6. can boost levels of good HDL cholesterol
- 8. come from pods
- 11. large complex molecules
- 12. domestic fowl
- 13. synthetic
- 14. flesh of an animal
- 16. parts of plants consumed as food

Down

- 1. contain the milk of mammals
- 2. dexpantenol
- 3. necessary for normal cell growth
- 5. calories
- 7. grain used for food
- 9. used for hair loss
- 10. organic compounds
- 13. scaly skinned vertebrate
- 15. deficiency of red blood cells
- 17. organic vessel containing the zygote
- 18. required to properly use carbohydrates
- 19. cells circulating in the blood